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Your essential daily news | TUESDAY, DECEMBER 6, 2016

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A student holds up a sign amidst a sea of people during a protest in front of the Nova Scotia Legislature on Monday.
JEFF HARPER/METRO



A BAD DAY FOR EDUCATION

Kids back in school after protests, backtracking, empty classrooms **metroNEWS**



The development underway will shape our city for decades, so we need to do better than black and white. We need to discern quality and demand more of it, writes
Tristan Cleveland

metroVIEWS



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THE LINKS AT
Brunello

Minister called on to resign

EDUCATION

Move comes after closure of all schools



Zane Woodford
Metro | Halifax

Calls for the minister of education's resignation bounced off the walls inside and outside Province House on Monday, but to the minister herself, the idea was laughable.

After shutting down every school in Nova Scotia on Saturday, Minister Karen Casey announced Monday that they'd reopen Tuesday, citing a change in the directives around the Nova Scotia Teachers Union's planned work-to-rule job action.

The government had called MLAs back to the legislature, with plans to table Bill 75, which would impose a contract on the province's teachers. Those plans

fell apart Monday morning when house leader Michel Samson showed up in Casey's place at a bill briefing saying that legislation would not be tabled on Monday. At about 2:30 p.m., the government adjourned the session of the legislature.

Casey had said on Saturday that the union's work-to-rule job action would make schools unsafe for children, leaving her with no choice but to close them.

"Those circumstances have now changed, and they've changed for the better," Casey said Monday afternoon.

Casey said the union had changed its directive "sometime perhaps on Friday," but never formally notified the government. The weekend, she said, was spent making sure those new directives ensured students' safety.

"Those changes were made and modified by the end of the day Friday," NSTU president Liette Doucet said Monday. "We sent those to the government at, I believe it was 5:08 on Friday



A student holds a sign during a rally in support of teachers at Grand Parade Monday afternoon. JEFF HARPER/METRO

afternoon."

Doucet said nothing had changed since Friday.

"Our directives have not changed. Safety of students was never in jeopardy, and I'm not sure what's changed between Saturday and today," she said. "There have been no changes on the part of the union."

"The government really decided to play politics with students and classrooms," Progressive Conservative leader Jamie Baillie said Monday afternoon.

"They closed the schools, causing great hardship to all Nova Scotia families on the pretext of safety. That pretext was blown out of the water for the lie that it is today, and now the government's credibility is in tatters."

Baillie called on Casey to resign. "The only way forward now is through a sincere effort to work with teachers to make classrooms better. That cannot happen under this minister. She has to go," he said.

During an eight-minute press

conference for which the minister was 25 minutes late, Casey laughed when asked if she was considering resigning.

"I have no intention of resigning," she said.

By the end of the day Monday, the crowd outside Province House numbered in the hundreds, and speakers, to cheers, called for Casey's resignation.

Maylia Parker and her husband Jeff brought their kids Mattias and Ella to the protest Monday morning.

Even though they weren't in school, Parker wanted them to get a lesson in politics.

"We decided instead of going to work today, we would take this time to educate our kids on civic duty, and democracy, and how this process works," she said.

Parker didn't buy the government's reason for closing schools, calling safety "a crock, a complete excuse."

"The government did a good job of pissing off parents, they really did," she said.

+ PREMIER

Premier Stephen McNeil was "nowhere to be found" at Province House on Monday.

"We're all here and ready to work," Progressive Conservative leader Jamie Baillie said Monday morning. "You know who's not here? Where is the Premier of Nova Scotia? Our education system is in chaos today and where is Stephen McNeil? He's nowhere to be found."

McNeil didn't show up the rest of the day either, and was not made available to reporters, aside from an appearance on CTV's supper hour newscast.

"The Premier has been in discussions today to work to the resolution that was achieved today," house leader Michel Samson said.

METRO ASKS

Students, union and politicians weigh in

ZANE WOODFORD METRO

This is so important to me because education is a right, and not everyone has education, and by taking ours away, we're taking a huge step in the wrong direction. I think that everyone should be out here fighting for something so important for the world.



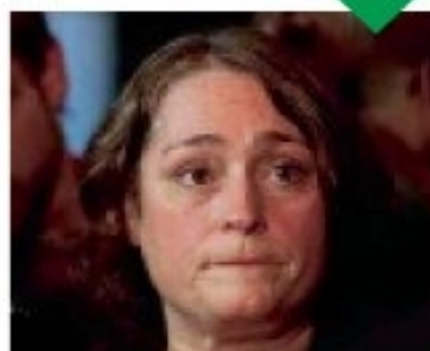
Emily Sills (right), Grade 9 student at Oxford School

The government is saying that it's not safe for the students. But let's just say that a parent didn't come in time, I don't think any teacher would hesitate to stay there after. I don't think the government understands that.



Ryan Adams, Grade 8 student at St. Agnes Jr. High

There are no safety concerns as far as we're concerned. We would never put student safety in jeopardy. We are, first and foremost, making sure that students are safe.



ALL PHOTOS JEFF HARPER/METRO
NSTU president Liette Doucet

We have been through a number of difficult situations where we've been trying to maintain the fiscal position of the province. This is not the first time our government has been faced with this, and each and every time, it always makes for difficult discussions.



House leader Michel Samson

He should be here to answer for this. The fact that the premier didn't even show up here at the legislature on this important day shows how far out of touch he is with what's going on in our classrooms.



PC leader Jamie Baillie

We're against this entire enterprise of this bill. We wish to register our moral revulsion against everything the government is doing, locking the students of the province, out of the schools of the province.



NDP leader Gary Burrill



SCHOOLED IN SOCIAL MEDIA TEACHERS TAKE TO TWITTER Teachers across Nova Scotia took to Twitter on Monday to show what they were doing in empty gyms, classrooms, and more with the #ReadytoTeach hashtag — including setting up pylons and being “extra safe” with stuffed animals. CONTRIBUTED/TWITTER

Parents, students show support

WORK ACTION

Teachers get food, applause and notes of praise in chalk



Haley Ryan
Metro | Halifax

“My kids ... benefit everyday at

school from the hardworking teachers that go above and beyond,” Marcie Rossiter said, her voice breaking with emotion.

Rossiter, a Bedford parent, was one of many who took action on Monday to show support for teachers, in light of the province closing schools to students the day work-to-rule action began.

There were stories of muffins being dropped off for instructors, and parents lining

up to clap for teachers as they walked into school. Some teachers made a point to call parents to talk about test results and how their kids were doing, like a normal work day.

Rossiter got some chalk and drove her two daughters

(Grade 6 and Grade 3) to their Basinview Drive Community School with a couple of friends around 10 a.m.

Since she wouldn't have been able to attend the 3 p.m. rally in downtown Halifax to support teachers, Rossiter said

she still had to “do something.”

One of her daughters has dyslexia, and Rossiter said she sees every day how much it means to have teachers give extra attention and support like keeping up with classroom adaptations to make sure her child succeeds.

The group wrote positive messages at both entrances to the school, like “we <3 our teachers” and “Basinview rocks” in chalk, and the kids

were “really excited to go to the school and do that. They understand what's going on,” Rossiter said.

Some of the educational assistants spotted them from the windows and alerted the teachers, Rossiter said, who came out to clap for the girls and gave them all hugs.

“(They) told us that really meant a lot to them, that we were there doing that. It felt good,” Rossiter said.



They told us that really meant a lot to them, that we were there doing that. It felt good.

Marcie Rossiter



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MATCHMAKING

Bluenosers still falling in love on the waterfront



Adina Bresge
For Metro | Halifax

Double-doubles and a seaside view might just be the recipe for romance.

According to a popular matchmaking site, "Hortons" and "waterfront" were the most popular words amongst digital daters in Nova Scotia.

Match has been compiling data about the most-used words in Canadians' online dating profiles since spring 2015, in an effort to determine what singles are flirting about in each province.

Nova Scotia's scenic "waterfront" woos potential mates in the province as the most common word in computerized courtship, according to Match, overtaking "Hortons" last year at the top of the list.

Both the province's coastal landscape and Canada's beloved coffee chain are popular first-date destinations.

"It's no wonder, Nova Scotians are still exploring their own backyards," Match said in a statement.

Nova Scotia shared its passion for the outdoors with some of its Maritime neighbours. Singles in New Brunswick liked to chat about the "woods," while "cabin" popped up most often in profiles from Newfoundland and Labrador.

The homespun friendliness of Prince Edward Island transferred to online profiles of its eligible residents, who relied on the word "folks" to break the ice.

Ontarians signalled a return to their "cottaging roots" in their dating profiles, according to Match, picking "Georgian" — as in Georgian Bay — as their number-one word.

Match found that online daters Alberta, British Columbia and Manitoba bonded over mutual love of hockey, with each province's respective team doubling as its preferred word.

The most common words in certain places aligned with regional industry — "Farmers" for Saskatchewan, "Diamond" for North West Territories and "Hunter" for Nunavut.

Match users in Quebec found that "agréable," meaning pleasant, was their favourite word



The term "waterfront" is the most common word in computerized courtship in Nova Scotia, according to data from Match.ca. JEFF HARPER/METRO FILE

URBAN DEVELOPMENT

Locals invited to give 19 projects feedback

Haligonians are welcome to weigh on 19 development proposals in the city's urban core and Dartmouth Wednesday.

The municipality's Planning and Development team is inviting the public to attend open houses at the Atlantica Hotel this week to learn about each application and related Centre Plan policy.

Residents can offer feedback at either of two sessions at 12-2 p.m. and 6-8 p.m. Wednesday.

For those who can't make it,

all materials from the meetings will be posted to the city's planning website Thursday, where residents can make their voices heard in the form of an online comment.

The public feedback will be used to draft a report to Halifax regional council in early 2017, and will also be passed along to the Centre Plan team and the Community Design Advisory Committee to inform the next stages of development.

ADINA BRESGE/FOR METRO



Jeanetta McGinley is a Dalhousie student and Lions Club member. JEFF HARPER/METRO

An old lion learns some new tricks

CAMPUS CLUBS

Community group reaches out to younger generation



Yvette d'Entremont
Metro | Halifax

The Lions Club isn't something most people associate with university students.

But Jeanetta McGinley is one of many changing the face of the international service club.

The Dalhousie University student is president of the university's campus Lions Club, and serves as Nova Scotia's campus specialist for the organization.

She said the training and

resources available through the international organization are of great benefit to students.

"Lions Club International is trying to do this (campus clubs) everywhere, but I feel that as a province, Nova Scotia has been working hard to move forward a bit faster so I'm really happy about that," she said.

The Dal campus club began in October, and are sponsored by the Bedford Lions Club. There are 10 active student members and many others eager to join.

McGinley said plans are underway to open a second campus club at Saint Mary's. Over the next year or two, they expect to have campus clubs at St. F.X. and Acadia universities before expanding even further afield.

Perry Oliver, the Lions Club's second vice district governor for Nova Scotia, said they're thrilled

to see campus clubs starting here.

"If we don't have younger generations we'll soon die out because right now our average age is probably over 60 years old," Oliver said.

"We need new members, we need new ideas. We have to, we must, develop with the times. It is exciting."

McGinley said she believes young people are important to help the organization move forward.

"If Lions are working with (campus clubs) we encourage them to learn to work with how the (students) work and don't try to demand that students change to their ways," she explained.

"It's the students that do these clubs. We have meetings for example where people are Skyping in if they can't physically make it there. But they're still able to



Right now our average age is probably over 60 years old.

Perry Oliver, on the Lion's Club in Nova Scotia

contribute. I think that's just one change into the future."

To date the campus club has a winter clothing drive planned for January with support from other provincial clubs. They're also planning a campus food bank drive and have begun collecting used eyeglasses. Those are donated to people without access to vision screening or corrective lenses, part of a larger international Lions Club initiative.

SAINT MARY'S UNIVERSITY

Sale of church property greenlit

Saint Mary's University has reached an agreement on the purchase and sale of the Canadian Martyrs Church property on Inglis Street.

In a media release issued Monday, the university and St. Thomas Aquinas Canadian Martyrs Parish said Saint Mary's

will most likely be able to take over the land and buildings by the spring of 2017.

"The sale accomplishes the goals of the Transition Team and will benefit the entire Parish," Father Mark Cherry said in the release.

"We are now able to move

forward with our future redesign and development of our St. Thomas Aquinas site that will greatly enhance our services to parishioners and enable us to more effectively carry out our broader spiritual mission."

YVETTE D'ENTREMONT/METRO

STATEMENT

Dr. Robert Summerby-Murray, president and vice-chancellor of Saint Mary's University, said the acquisition of the property "recognizes the shared history" of the university and archdiocese.

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HUMANITARIAN MISSION

Bid to help former soldier held in Iraq

A former Canadian soldier being held in Iraq is in good health and Canadian Embassy officials are working to win his release, federal cabinet minister Judy Foote confirmed Monday.

Foote, the senior minister responsible for Newfoundland and Labrador, spoke to Mike Kennedy's mother in Newfoundland earlier in the day, said press secretary Jessica Turner.

Kay Kennedy told radio station VBCM her son was arrested in Erbil in northern Iraq while taking part in what she called a humanitarian mission. She said she was speaking with him on Tuesday evening, when she realized something was wrong. "He wasn't his upbeat self," she told VBCM. "He was very abrupt in his answers to me. Then, all of a sudden, he said, 'Mum, I gotta go.'"

The woman told VBCM she hasn't heard from her son since then, but she said a friend of his later confirmed via text message from northern Iraq that her son had been arrested after returning from a mission in northern Syria.

Kay Kennedy told the radio station it appeared there was a problem with some documents, suggesting some had expired. She said she was sure her son's visa was good until January. The stress of having a son in a war zone is nothing new for Kennedy.

On April 8, 2007, her son Kevin was one of six Canadian soldiers killed in Afghanistan when their light armoured vehicle struck a roadside bomb. The six were all members of the 2nd Battalion, Royal Canadian Regiment based at Canadian Forces Base Gagetown in New Brunswick.

"It's not easy, especially after losing a son in 2007 in Afghanistan," she said. "I haven't been sleeping, just pacing the floors. I'm strong. I'm not falling apart ... I'm doing what I got to do to get my son out of there."

Global Affairs Canada told The Canadian Press it was aware of a

+ NO END IN SIGHT

Troops still on the ground

During the federal election campaign in the summer and fall of 2015, the Liberals promised to end Canada's combat mission in Iraq.

Once in power, Liberal Prime Minister Justin Trudeau withdrew six CF-18 fighter jets previously deployed by the Conservatives, but he also expanded the number of troops on the ground to more than 200 from 69.

At the same time, there has been a clampdown on information about the mission with fewer briefings.

Canadian citizen being detained in Iraq, and spokeswoman Kristine Racicot confirmed in an email that Canadian officials are providing consular assistance and are in contact with local authorities.

However, Racicot said she could not disclose more details because of privacy considerations.

Racicot said Global Affairs Canada is advising against all non-essential travel to Iraq, including the provinces under the control of the Kurdistan regional government in northern Iraq. The department said the security situation in Erbil and a few other towns "could deteriorate quickly."

"All Canadians who travel to Syria and Iraq must do so at their own personal risk," the email said. "Due to the unpredictable security situation, providing consular assistance in all parts of Iraq and Syria is severely limited."

Kennedy is believed to be among hundreds of foreign volunteers, including other Canadians, assisting Kurdish forces in the area. THE CANADIAN PRESS



Dennis Oland and his wife Lisa, along with family members and friends, head from a bail hearing after being released from custody in Fredericton in October of this year. ANDREW VAUGHAN/THE CANADIAN PRESS

Oland left waiting for a fresh trial date

MURDER

Court of Appeal documents hold up setting date until next year

Dennis Oland will have to wait until at least next month to learn if a date will be set for a new trial in his father's

2011 death.

Oland was convicted of second-degree murder last December, but that verdict was overturned by the New Brunswick Court of Appeal in October, which ruled the trial judge erred in his instructions to the jury, and a new trial was ordered.

A new trial date was expected to be set Monday in Saint John, but the matter has

been set aside until Jan. 3, 2017, while lawyers await the full written decision from the Court of Appeal.

Once it is released, the lawyers will have up to 60 days to decide if they'll seek to take the case to the Supreme Court of Canada instead of a new trial in New Brunswick.

Crown prosecutors could also decide not to pursue the case any further. THE CANADIAN PRESS

+ OLAND CASE

Prominent New Brunswick businessman Richard Oland was bludgeoned to death in his office in July 2011.

No weapon was ever found by investigating police.

CRIME

Two arrested after chase with stolen car

Police had two men in custody and were looking for a third after three people fled a Bedford break and enter in a car stolen from Dartmouth.

In a media release, Halifax Regional Police said they received a call at 2 a.m. Monday about three men who had just broken into a house garage on Falcon Run in Bedford.

The suspects headed towards Golf Links Road on foot. Responding officers observed a Saturn Ion travelling up Dartmouth Road with the headlights off.

There were three people in the car. Police attempted to stop it, but it accelerated towards Dartmouth travelling down Magazine Hill.

Police pursued the vehicle to Nadia Drive in Dartmouth. The three occupants stopped the car and fled on foot. K-9 quickly apprehended two of the suspects but the third escaped.

The Saturn was stolen from Mic Mac Boulevard on Nov. 30, police say.

Police said charges would be decided once its investigation was completed. METRO HALIFAX

CLEAN-UP

Proposals wanted for harbour project

The Nova Scotia government is moving ahead with plans to clean up one of most polluted corners of the province.

Last year, the province's Liberal government promised to close the Boat Harbour effluent treatment facility in Pictou County by January 2020, and eventually transform the filthy waterway into a tidal estuary.

The government has now issued a request for proposals, saying it wants an engineering firm to design a major remediation effort that will

return Boat Harbour to its natural state.

A meeting with bidders and a site visit is scheduled for Dec. 14 at the Pictou Landing Fire Hall, and the deadline for submissions is Feb. 3.

When the provincial government tabled legislation to require the cleanup in April 2015, it set aside \$52.3 million for the project.

The Pictou Landing First Nation has long alleged that effluent from a nearby pulp mill polluted the harbour.

THE CANADIAN PRESS

NOTICE OF AUCTION

SMALL CLAIMS COURT OF NOVA SCOTIA
SCCH No. 453744

Between: WORLD LINK FOOD DISTRIBUTORS aka
WORLD LINK FOOD DISTRIBUTION INC., Claimant
- and -

PIERRE YVE BIZIEN, Defendant

TAKE NOTICE THAT further to an Execution Order issued by the Sheriff, Halifax County in the within matter dated November 17, 2016; THE FOLLOWING property of the Defendant shall be sold at Public Auction at European Auto Services Inc., 29 Murdock MacKay Court, Lower Sackville, Nova Scotia B4C 4G3 (tel 902-477-7596) on Thursday December 22, 2016, at the hour of 2:00 pm.

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ELECTORAL REFORM

Tax breaks could put women on the ballot



Ryan Tumilty
Metro | Ottawa

A House of Commons committee that suggested dramatic changes to how Canada votes also wants parties to get a financial incentive to put more women on the ballot.

The Special Committee on Electoral Reform released their report last week, and while much of the attention was focused on a potential new voting system and a national referendum to make that choice, they also had some suggestions on gender diversity.

Their suggestion was to have Elections Canada come up with a financial incentive that would encourage parties to get more women running for office.

Nancy Peckford, a spokesperson for Equal Voice, which encourages women to run, said they believe the suggestion is an important step forward.

"We are very glad that they addressed the issue," she said.

According to Equal Voice, there were 97 ridings in the last federal election where there were no women on the ballot for the major three parties. Currently, 27 per cent of MPs

are women.

Peckford said some parties did better than others in the last election and a financial incentive could help change that balance.

She said getting women to run may require parties to reach out more to find good candidates and putting a financial incentive could help change things.

"They would just make that additional effort in the ways they don't always."

Party nominations are governed by the parties themselves and Peckford said some more structure there could also help.

"There is a lack of ... regularity around how a nomination race is called," she said.

The Liberals have not committed to the referendum called for in the committee report and have instead started a national online consultation about changes to the voting system.

Peckford said regardless of what happens through that process, this more minor change should not be ignored and could go ahead with other measures designed to get a more diverse House of Commons.



They would just make that additional effort.

Nancy Peckford

SASKATCHEWAN

Town hopes refinery plan leads to boom

Dominion Energy Processing Group has announced plans to build a 40,000-barrel-a-day refinery complex in southeast Saskatchewan.

The company, a subsidiary of U.S.-based Quantum Energy, says the refinery will be built near the town of Stoughton and the Bakken oil formation.

Stoughton Mayor Bill Knous says it's good news.

Knous says the refinery would provide an economic boom at a time when the oil industry is in a slowdown.

Quantum Energy also wants to build a refinery complex in the U.S. in the Bakken oil field.

CKRM/THE CANADIAN PRESS



MONTREAL CALL MR. PLOW Winter has reared its ugly head in cities across the country and those early snowy blasts are creating havoc on the roads. Montreal is not immune to slippery snafus as we can see reflected in the misadventures of bus drivers and others who became caught up in the snowballing situation. TEXT: ANDREW FIFIELD/METRO; PHOTO: FACEBOOK/TORSTAR NEWS SERVICE

Defence worker is in a \$1.3M Kijiji jam

OTTAWA

Man accused of selling stolen computer parts



Haley Ritchie
Metro | Ottawa

A National Defence worker allegedly stole more than \$1.2 million worth of computer equipment over four years by using false purchasing orders, court documents show.

Andrew Heggaton, 33, was a civilian employee with the Department of National Defence

inside the Canadian Forces Crypto Support Unit. He was fired in 2015 after an investigation caught him creating false documents and stealing expensive computer equipment, the documents say.

Heggaton was caught in the act on March 6, 2015, the court file says, with stolen parts totalling over \$5,000 found on his person.

Court documents note that the stolen parts included 15 Intel Core i7 Processors which retail for around \$550 each, and four Crucial BX 100 SSD Cards, which retail for around \$250 each.

The parts he was caught with in March were the latest in a

long-running con that saw him order over \$1.2 million worth of merchandise on behalf of the government, the court documents allege.

Heggaton would allegedly order computer parts for the department with fake purchasing orders and pocket the money after reselling them on Kijiji.

Heggaton faces seven charges, including forgery, fraud, theft and trafficking of stolen goods.

While he was required to get approval on purchases, falsified documents prevented him from being caught.

The department's finance manager, Gerry Ringuette, approved orders without knowing

that Heggaton hadn't received a real approval signature.

Between June 2011 and March 2015, the documents say Heggaton purchased \$966,933 worth of parts. He allegedly purchased from computer part suppliers on behalf of the Canadian Armed Forces by creating fake purchasing orders.

Heggaton falsely ordered \$67,123 of merchandise from Netlink Computer Inc. and \$61,033 from software company Softchoice, the documents allege.

In another incident on Sept. 4, 2014, the documents claim Heggaton falsified an invoice for \$16,540.42 worth of computer parts.

SAFETY

Report warns near-misses could inspire drone terror attacks



Publicity about near-misses with drones might give terrorists ideas about how to take down planes, a report warns. THE CANADIAN PRESS FILE

Publicity about near-misses between drones and passenger aircraft might give terrorists ideas about how to take down a plane, a federal intelligence report warns.

The Transport Canada report obtained by The Canadian Press also suggests small unmanned aerial vehicles, or UAVs, could easily be used for advance surveillance of targets.

The report tempers such fears by noting the practical

hurdles in employing a drone for nefarious purposes.

But the assessment underscores concern in intelligence circles that terrorists could take advantage of the tiny, inexpensive and widely available flying machines.

The report documents five reports of "near misses" between Canadian aircraft and UAVs last year. In September 2015, a WestJet flight from Edmonton to Abbotsford, B.C., re-

ported a drone passing about 60 metres underneath the plane.

Just last month, a Porter Airlines flight to Toronto narrowly avoided crashing into an object initially thought to be a drone.

Media coverage of near-collisions between UAVs and passenger aircraft "may encourage interest amongst extremists to consider the tactic," the Transport Canada intelligence report says.

However, given the short fly-

ing time — 10 to 40 minutes — of most off-the-shelf drones and strong, persistent winds at high altitudes, "intentionally striking an aircraft in-flight would be unlikely," the report adds.

Extremist use of a drone is "certainly not impossible and the authorities are not necessarily exaggerating things here," said Jez Littlewood, a terrorism expert at Carleton University.

THE CANADIAN PRESS

'The whole world is watching'

STANDING ROCK

After massive achievement, activists vow to keep fighting

Protesters who celebrated a major victory in their push to re-route the Dakota Access oil pipeline vowed to remain camped on federal land as they wait to find out whether President-elect Donald Trump might seek to overturn a decision that delayed the \$3.8-billion project.

The American Petroleum Institute, which represents the U.S. oil and natural gas industry, urged Trump to make approval of the disputed pipeline a "top priority" once he takes office next month, but a Trump spokesman on Monday offered few clues about how the incoming president might address the matter.

The Army Corps of Engineers on Sunday denied a permit for the pipeline to cross under the Missouri River in southern North Dakota near the Standing Rock Sioux Reservation. The tribe believes the 1,900-kilometre pipe-



Fireworks fill the night sky after activists learned an easement had been denied for the Dakota Access Pipeline near the Standing Rock Sioux Reservation on Sunday night. GETTY IMAGES

line to transport oil threatens drinking water and cultural sites.

"I am hopeful President-elect Trump will reject the Obama administration's shameful actions to deny this vital energy project,"

American Petroleum Institute President and CEO Jack Gerard said in a statement late Sunday.

Trump supports construction of the pipeline, spokesman Jason Miller said Monday, but Miller

wouldn't say whether Trump would reverse the Corps' decision. The uncertainty of what Trump will do is keeping many supporters in the camp despite winter conditions.

"The whole world is watching," said Miles Allard, a member of the Standing Rock Sioux. "I'm telling all our people to stand up and not to leave until this is over."

Pipeline opponents have camped for months near the pipeline route in North Dakota. Hundreds of people at the Oceti Sakowin, or Seven Council Fires, encampment cheered and chanted "mni wichoni" — "water is life" in Lakota Sioux — on Sunday when they learned of the Corps' decision.

The company constructing the pipeline, Dallas-based Energy Transfer Partners, slammed the Corps' decision as politically motivated and alleged that President Barack Obama's administration was determined to delay the matter until he leaves office.

"The White House's directive today to the Corps for further delay is just the latest in a series of overt and transparent political actions by an administration which has abandoned the rule of law in favour of currying favour with a narrow and extreme political constituency," the company said in a statement Sunday night. THE ASSOCIATED PRESS

WAREHOUSE FIRE

Murder charges possible

Prosecutors said Monday that murder charges could result from their investigation into the Oakland warehouse fire that broke out during an underground dance party at a building known as the Ghost Ship, killing three dozen people.

Alameda County Sheriff Gregory Ahern said he didn't believe there would be additional bodies found in what is the most lethal building fire in the U.S. in more than a decade.

But he cautioned that it was "impossible to be absolutely positive" until the entire recovery effort is complete. Authorities had gone through about three-quarters of the building by Tuesday afternoon.

The laborious job of digging with shovels and buckets through the debris was suspended overnight because of a dangerously unstable wall. It resumed in the morning, though a rainstorm Tuesday could complicate the effort.

THE ASSOCIATED PRESS

WASHINGTON, D.C.

From online rumour to real violence

The bizarre rumours began with a leaked email referencing Hillary Clinton and sinister interpretations of references to pizza parties. It morphed into fake online news stories about a child sex trafficking ring run by prominent Democrats operating out of a Washington, D.C., pizza joint.

On Sunday, it culminated in violence when police say a North Carolina man fired an assault rifle inside the Comet Ping Pong restaurant as he attempted to "self-investigate" the conspiracy theory known on the Internet

as "Pizzagate." No one was hurt and the man was arrested, but the shooting alarmed those from neighbouring businesses all the way to the White House about the real dangers of fake news.

One person clinging to the conspiracy theories is connected to Donald Trump's transition team. Michael Flynn Jr. is an adviser to his father, Michael Flynn, whom Trump selected to serve as national-security adviser. Flynn Jr. has tweeted numerous times about Pizzagate.

THE ASSOCIATED PRESS



Edgar Maddison Welch surrenders to police on Sunday after "investigating" a Hillary Clinton conspiracy with an assault rifle at a pizza restaurant. SATHI SOMA/THE ASSOCIATED PRESS

GERMANY

Migrant's murder arrest emboldens nationalists

The arrest of a 17-year-old Afghan migrant suspected of raping and killing a university student must not be used for "rabble-rousing and conspiracy propaganda," Germany's vice-chancellor said Monday as a nationalist party argued the government bears a share of the blame.

The teen, who entered Germany last year as an unaccompanied minor, was arrested Friday. The victim, a 19-year-old student, vanished in mid-October on her way home from a party

in the city of Freiburg, and her body was found in a river.

The arrest has played into ongoing tensions about the arrival in Germany last year of hundreds of thousands of migrants. Joerg Meuthen, a co-leader of the nationalist Alternative for Germany party, argued Sunday that Chancellor Angela Merkel and Vice Chancellor Sigmar Gabriel bear "a decisive share of the responsibility for this cruel act" and many other cases.

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CHANTAL HÉBERT ON THE 'LOCK HER UP' CHANT



Does Chris Alexander not believe that those who aspire to leadership positions have a responsibility to draw the line at what constitutes gratuitous abuse versus legitimate debate?

What could former immigration minister Chris Alexander have been thinking?

On Saturday, the federal Conservative leadership hopeful spoke at an Alberta rally against that province's planned carbon tax.

As he regaled the crowd with an invitation to vote out NDP premier Rachel Notley, protesters began the "Lock her up" chant that was one of the more despicable features of president-elect Donald Trump's campaign.

A video of Alexander shows him smiling and then nodding along and gesturing in time with the chant.

He then resumed speaking — for about a full minute — but never alluded either to the chant or to what he subsequently said was his sense that it was totally inappropriate.

He told the CBC: "I was smiling because I was trying to think of a way to change the chant."

To Maclean's, he maintained that he disapproved of the chant but that he believed one should listen to constituents.

But the latter did not stop Jason Kenney — even as he is campaigning for the Tory leadership in Alberta — from calling out the protesters.

As opposed to Alexander, Kenney does have a dog in the provincial fight against Notley. He tweeted: "There

are good reasons to oppose a carbon tax. But calling on our democratically elected premier to be 'locked up' is ridiculous and offensive."

Just last week on CBC's The National, Alexander agreed to read some of the abusive

debate?

One can only wonder why Alexander spoke at the demonstration in the first place. Federal leadership aspirants — or at least those who are considered serious contenders — do not normally take the



BODY LANGUAGE Conservative leadership candidate Chris Alexander smiled while his supporters called for the sitting Alberta premier's incarceration. THE CANADIAN PRESS

e-mails and tweets he received for his role in handling the Syrian refugee crisis.

The main point of the exercise was to expose how social media has become a vehicle to spread hatred against politicians and their families in general and women in politics in particular. Vile language is increasingly becoming par for the course in Canada's public debate — at some cost to citizen engagement.

For every protester validated by Alexander's silence on Saturday, there are likely many who found his complacent silence at least as disturbing as the chant itself.

Does he not believe that those who aspire to leadership positions have a responsibility to draw the line at what constitutes gratuitous abuse versus legitimate

stage at protests against sitting provincial governments. There are good reasons for that.

As often as not the stuff that party supporters dislike in one province is party policy in another.

In Alexander's own province of Ontario, Tory leader Patrick Brown, a former federal caucus colleague, subscribes to the necessity of pricing carbon.

In Manitoba, Conservative Premier Brian Pallister — yet another former federal Conservative caucus member — has promised to deliver a made-in-Manitoba carbon-pricing plan.

Both are leaning towards a revenue-neutral carbon tax. Alexander left diplomacy for elected politics less than a decade ago. At the time he

was considered a star recruit. But the go-along-to-get-along attitude that may have been an asset in diplomatic circles has not served him well in politics.

It is not the first time he has missed an opportunity to show that he is neither tone-deaf nor spineless.

With Canadians reeling from the photographs of the lifeless three-year old Alan Kurdi at the time of the 2015 federal campaign, he gave the CBC an interview about the Syrian refugee crisis that was so devoid of empathy that it probably went some way to costing him his seat.

In the days leading up to the vote he, along with leadership rival Kellie Leitch, took on the dubious mission of promoting a government snitch line to report so-called barbaric cultural practices.

Prior to throwing his hat in the leadership ring, Alexander said in an interview that both issues had been mishandled. He believes that contributed to the Conservative defeat. They were also the only two campaign events that featured him in a frontline role. Not that it is really an excuse, but in contrast with Saturday's appearance in Alberta, he could at least be assumed to have been acting on orders from the campaign brain trust.

On Tuesday evening, the 14 men and women who are currently vying for Stephen Harper's succession will take part in the first of two debates designed to offer a measure of how fluent they are in both official languages.

That may be the only test of leadership the bilingual Alexander will pass with flying colours.

Chantal Hébert is a national affairs writer.

New developments: Here's the good news and the bad news

HALIFAX MATTERS

Tristan Cleveland



Floodgates are open! A whopping 18 developments are up for public scrutiny in one massive public feedback session this Wednesday.

If this goes as usual, some folks will like anything and some will hate everything. I want to buck that trend. The growth underway now will shape our city for decades, so we need to do better than black and white. We need to discern quality and demand more of it.

Maybe we should delay all development until the Centre Plan is done. The fact we can now say no to any of these developments, however, is an opportunity: we can reward builders who have made an effort to offer good design, and we can punish those who would make a boring husk of our city.

Here's my take on the best and the worst.

The Good

1. Chebucto Mixed Use (Chebucto and Beech Street). This development wins in the category of "Most Improved Player." Formerly a simple box, its design now sports the lively diversity of multiple buildings. It fits within the height limits of the draft Centre Plan and it is located on two future high-frequency transit corridors. This is good urban design.

2. Dixel's Spring Garden West (Spring Garden and Robie). This 30-storey tower is 10 storeys higher than the Centre Plan would allow, and maybe that's a deal-breaker. In

every other way, however, this is the right kind of growth: great streetwall, sidewalk garden boxes, a better transit stop, a thin tower, indoor public space, and improvements to a nearby park. It was also designed with rigorous public input.

3. WM Fare's Bayers + Young. Bayers should soon get Halifax's first bus lane, and this is exactly the kind of high-quality, street-oriented development we need on a major transit corridor. I only support this half of the development, however. On Young, they would replace perfectly good homes with sterile pill boxes. Good work, needs improvement.

The Bad

1. Former United Memorial (Kaye Street). If you're going to demolish a beautiful church, don't replace it with a giant cardboard box. This will not be allowed in the Centre Plan and good riddance. But I will give credit for a decent streetwall.

2. South Park Towers. The left side of the tower already exists and the building in front of it would replace a patch of grass. I can dig it. But on the right they want to replace beautiful Victorian homes with... that. Give me 1916 or 2016 design, but please no more 1976.

3. The Promenade at Robie South (Robie and College). What a great opportunity for our new Council to practise saying no. That column feels like a cheap addition to a mall. Combined, these thick 26- and 20-storey towers block the sky completely to the East and the West. This is exactly why we need the Centre Plan.

This is not the first time Alexander has missed an opportunity to show that he is neither tone-deaf nor spineless.

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Doctors' diagnosis: burnout

MEDICAL PROFESSIONALS

Working 100+ hours per week takes a toll on residents

Genna Buck
Metro



Imagine this was your schedule: All week, your alarm buzzes at five a.m. You're at work by six, and then it's non-stop until eight or nine at night. Lunch break? If you're lucky.

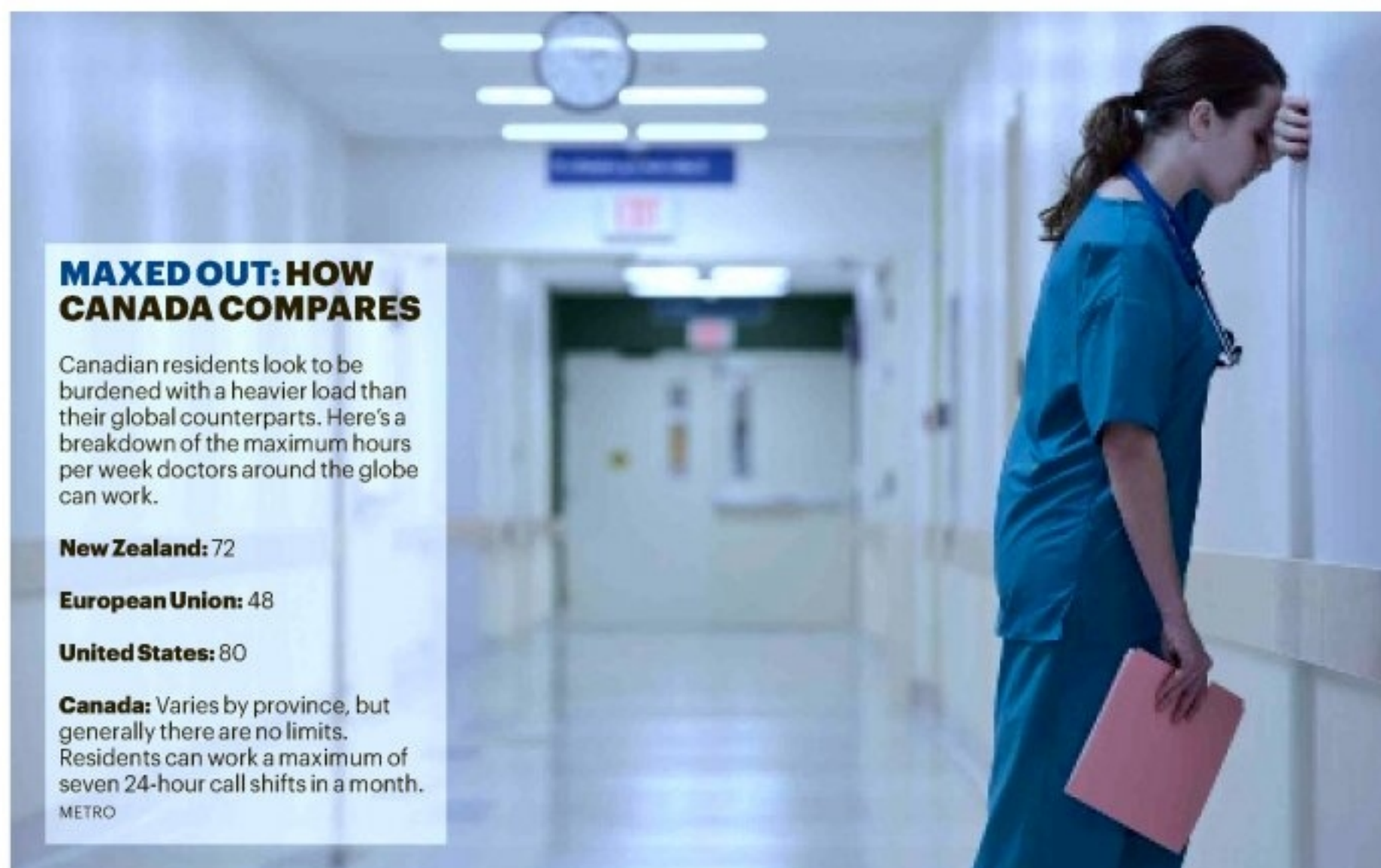
The next day, you're on call for 24 hours. You may or may not get to sleep.

That's life as a medical resident in Canada. In most specialties, residency is a four-year marathon after med school: 100-hour workweeks, evenings spent studying and up to seven 24-hour call shifts a month, except in Quebec, where they're capped at 16 hours.

Experts have been debating for decades about whether doctors who work such long days are hurting patients — or themselves.

Their focus has shifted since 2013, when a research report from Canada's doctors' associations found, surprisingly, no clear evidence that patient safety improves when doctors aren't allowed to work above a certain number of hours per week (typically 80), or are required to block off five uninterrupted hours to sleep.

Rather than strictly limiting



MAXED OUT: HOW CANADA COMPARES

Canadian residents look to be burdened with a heavier load than their global counterparts. Here's a breakdown of the maximum hours per week doctors around the globe can work.

New Zealand: 72

European Union: 48

United States: 80

Canada: Varies by province, but generally there are no limits. Residents can work a maximum of seven 24-hour call shifts in a month.
METRO

Young doctors across Canada are risking fatigue and emotional burnout with their working hours. ISTOCK

hours, hospitals and doctors' groups are turning to interventions like the resiliency curriculum developed by Resident Doctors of Canada. It's based on cognitive behavioural therapy and teaches self-monitoring and mindfulness.

Dr. Kimberly Williams, president of RDoC, believes long hours are not the only, or even the most important, contributor to burnout. It's the pressure of

being constantly evaluated, the lack of control over your schedule, and uncertainty about the future, she said.

Two major studies in the past month, one from the Mayo Clinic and one in the medical journal *The Lancet*, looked at ways institutions have tried to deal with fatigue, emotional exhaustion, and extraordinary depression rate: 29 per cent, versus 12 per cent of the general population.

The Mayo clinic study found hospitals had the most success with organization-wide changes like regular psychological screening, leadership training for supervising doctors and bi-weekly group dinners where residents can vent to peers who understand.

The *Lancet* paper, which reviewed previous studies, found pretty much all burnout-reduction programs were equally, and

not very, effective. On average, they reduced burnout rates from 54 per cent to 44 per cent, as measured by a standard psychological test.

And that's assuming those who have a problem admit it.

Many doctors don't, said one resident who has trained in both Ontario and Quebec hospitals. He didn't want us to mention his name or even his speciality.

He described workplaces with

a "machismo" culture and unsustainable stress, and needed counselling to cope.

Young doctors are often far from home, working for bosses who are depressed and irritable, and dealing with traumatic cases and patient deaths for the first time — all without a moment to breathe, he said.

"I've worked 24 hours straight without a break of any kind, having a granola bar in my pocket," he said. "Pretty much every resident can describe a situation like that."

It's a recipe for depression: "This weird thing happens. You feel like there's no life outside of residency. You forget about yourself. You feel like a slave, and like you'll be a bad doctor."

Even going to the bathroom feels like letting down a patient and your co-workers, he added.

He said there's not a clear solution. More downtime means the need for more residents, who will need more (taxpayer funded) jobs after their training. And with more doctors on duty, studies show, there are more patient hand-offs, increasing the chance something important will be missed.

He'd like to see hospitals reduce the amount of time doctors spend on paperwork that could be done by someone else. But at the heart of the issue is the need for more rest.

"It would be very helpful to be able to do the things we did to get into med school: volunteer, be a community member, see family and friends. The culture says those things are frivolous. They're not," he said.



When it comes to casual boots, researchers found Sperry's Vibram Arctic Grip boots (left, \$200; Sperry.com) performed best. For safety boots, Dakota's transitional boot with "Green Diamond" soles (\$199.99; Marks.com) were the top rated.

SLIP AND FALLS

Study finds the best footwear to get a grip

This winter, thousands will feel their legs fly out from under them, and curse the icy surface that forced them to the ground.

On average, each slip, trip and fall injury results in 92 days lost from work according to the Workers Compensation Board of Nova Scotia.

A group of researchers is trying to prevent those winter falls by helping Canadians pick out the safest, non-slip winter boots on the market. Researchers on the iDAPT team at the Toronto Rehabilitation Institute-University Health Network examined

98 pairs and rated their grip on slippery surfaces on a scale of one to three snowflakes.

"You put snow tires on your car in the winter, surely you should worry about the boots you're going to wear in the same weather," said Geoff Fernie, the research director at the Toronto Rehabilitation Institute.

Researchers tested the slip resistance of 98 different pairs of new winter boots on ice, including safety and casual shoes, and found that just eight per cent met minimum standards.

Volunteers strapped into har-

nesses and wore boots in the WinterLab, a cool laboratory that recreates winter life in Canada. The Winterlab features sub-zero temperatures, blistering winds, icy sidewalks and slippery hills. Each boot was given a ranking on — what else — a snowflake scale.

Boots were measured based on the "Maximum Achievable Angle" testing method, hailed as the first of its kind. Boots that were slip-resistant at an angle of seven degrees — the angle that Ontario's accessibility guidelines specifies for curbs you see on sidewalks — were awarded

one snowflake. Two stars were awarded for 11 degrees and three stars for 15 degrees. But none of the boots tested met the two or three star standard. In fact, almost none managed to crack the snowflake scale at all.

"We discovered that 90 of the boots we tested couldn't even get to seven degrees, they couldn't even get to one snowflake," Fernie said. "In fact, some of them were so bad that people couldn't stand up on level ice without their legs going out from under them like a cartoon character."

TORSTAR NEWS SERVICE



Annie Wong has recently had two friends break up with her. STEVE RUSSELL/TORONTO STAR

The best of friends, until the bitter end

RELATIONSHIP STATUS

Platonic splits prove to be just as difficult as romantic ones

Annie Wong has been told she can be a bad friend.

Earlier this month, she and a friend were emailed by a mutual acquaintance asking about a possible artistic collaboration. In a reply-all message, what came back from the friend was a shock: "I no longer speak with Annie Wong."

Despite the pair meeting in "a magical way" on the streetcar a year ago, sharing creative interests and the intention to develop a closer bond, they didn't hang out that much. The now-former friend accused Wong of not making time for the friendship.

"She was right," said Wong on Nov. 17, a day that happened to be National Unfriend Day, a faux holiday created by comedian Jimmy Kimmel, to "protect

the sacred nature of friendship," according to its Facebook page.

Wong is a self-described introvert and multidisciplinary artist who finds it hard to balance her personal life with her many gigs. She feels guilty about missing baby showers and birthdays but didn't see this breakup coming.

"When this happened it made me think about all of my friends because I've made so many interesting friends and I miss them," said Wong, 32.

Though the depths of romantic breakups are plumbed in movies, books, lovelorn poetry and songs, platonic breakups — an actual rupture, not just ghosting — can be just as devastating if less visible, said Shasta Nelson, a California-based friendship expert and author of two books on friendship.

"Chances are higher that we would have more platonic breakups in our lifetime than romantic breakups," Nelson said. "We have so many more friends than we do dating partners, but we don't talk about it very much."

The five most common threats

to friendships include blame, jealousy, judgment, neglect, and non-reciprocation, said Nelson.

There are no cultural guideposts or social models for how friend breakups should happen. Nelson recommends having "the talk" to end things with healthy closure just as one would with a lover, even if it can be awkward — which it will.

She said most people will replace half of their current close friends in seven years, a fact backed up by a longitudinal Dutch study published in 2014 in the journal *Social Networks*.

Not all friendships that fail are toxic. Some just don't work. Many friendships end "when there are consistent misunderstandings, disappointments, friction," psychologist Levine said.

If that happens, be sure you're prepared to deal with the fallout.

"Once you pursue that route, there's no going back," Levine said. "You have to be very sure. You'll never be able to reclaim the friendship at the same level of intimacy."

TORSTAR NEWS SERVICE



JOHANNA SCHNELLER WHAT I'M WATCHING

Bull takes viewers by the horns

THE SHOW: *Bull*, Season 1, Episode 6, Global TV

THE MOMENT: The smirking certitude

"Why would you dismiss a juror who cares about intellect?" hisses the client, a brilliant surgeon accused of malpractice, to his trial consultant, Dr. Jason Bull (Michael Weatherly), during jury selection.

"Because she's an idealist and we want pragmatists who'll put up with you because you're the best, despite your prickly exterior," Bull answers. "Have you ever heard of the ass to awesome ratio? It means the bigger an ass you are, the better you'd better be. You're reaching that threshold."

"Have you applied that ratio to yourself, Dr. Bull?" the surgeon asks.

My dear surgeon, Bull need not apply any real-world constraints that might threaten his awesomeness.

He enjoys the luxury shared by all TV smarty-pants: the ability to skate serenely over implausibility merely by talking quickly. (See also: Olivia Pope.)



Michael Weatherly portrays Dr. Jason Bull, whose surname is sometimes taken too literally by the show's writers. CBS VIA AP

Implausibility like this: in another episode, Bull hands the next day's jury roll to a newbie lawyer. "Nobody gets this in advance," Newbie sputters.

"We do," replies Bull. "Better not to ask."

So true. What better way to create a TV genius than to free him from pesky — what is it called — realism? Bull is based on the early career of TV shrink Dr. Phil McGraw, who also skated to fame by never letting complex ideas get in

the way of his certitude.

People love certitude — that's why Bull is one of the top new shows this year. Viewers know they can curl up in Weatherly's ever-present smirk and be carried safely to bedtime, relieved that someone out there has all the answers.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Olaf

Domestic Medium Hair

Olaf is a lovely older gentleman, quiet and calm with a nice gentle purr, patiently waiting for the person or people who will fall in love with his charm and take him to his forever home. At 15 years of age, he has learned some of the harder lessons in life, as he was found stray in the city in rather poor shape. The good news is that a caring person found Olaf and brought him to the SPCA. He was in rough shape from living outdoors, and he seemed very sad when he first came in. He has thrived under the loving care of the vets, staff and volunteers, and when you meet him you will see a dignified and rather sweet old fellow who is ready to love you.

For more information on Olaf and other adoptable furry friends, visit www.spcans.ca/dartmouthshelter or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or dartmouth@spcans.ca

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Mercy
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Fake Love
- Fifth Harmony
That's My Girl

101.3

LEARNING CURVE

WHAT TO EXPECT FROM YOUR FIRST POST-SECONDARY EXAM

Remember your very first test? Palms sweating and knees shaking, you clutched onto your pencil as Teacher handed out those papers and you prayed you might be able to peek over your pal's shoulder for a few of the answers.

Years later and your first post-secondary exam is on the horizon. The nerves of the past remain, but now your panic is in part due to your not knowing what to expect when entering the exam room. So what can you study up on to prepare you for this all-new type of test?

"Definitely students should know that the weighting of the exams is different," says Alison Crerar, academic advisor and course instructor at the University of Guelph. "In high school you have many different opportunities throughout the year to build a final grade. Whereas here you can have two midterms and a final exam and that's it."

Further to that point, Crerar says students new to post-secondary don't often realize that post-secondary exams are generally set in stone,



ISTOCK

despite life's unfortunate circumstances.

"If say, your girlfriend breaks up with you the day before your exam and you're in no shape or form, you've got to speak with your counsellor and professor right away," says Crerar. "The prof might then recommend you don't take the exam,

but after the fact it's very difficult to retake it.

"I also find that students are shocked when they have to complete two exams in one day," says Crerar. "But you can have three in one day. As long as it's not a conflict you should prepare to have multiple."

Roxanne Ross, manager of the student success centre at the University of Calgary, says that understanding how you will be tested and preparing accordingly is key to calming the jitters.

"Preparing for an essay exam might include identifying course themes and corresponding supporting details as well as anticipating questions and practicing timed writing," says Ross. "For multiple choice exam preparation however, students might want to focus on organizing a lot of detailed information in a way that they will be able to easily recall such as creating diagrams, concepts maps or charts."

Ross encourages students to ask professors for clarification on the set up of the exam, as well as to confirm what they are allowed to bring along with them.

"Students are restricted in what they can bring into an exam, so ensuring they understand what is and isn't permitted is really important such as calculators, formula sheets and study sheets."

-LIZ BEDDALL



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Its 12-week Carpentry Development Program starts in January and gives students basic knowledge of residential construction, foundations and framing, as well as a thorough understanding of construction safety, building sciences, construction materials and blueprint reading.

This pre-employment program gives students the skills they need to enter the construction industry as first-year apprentice carpenters. The program even counts as 420 hours toward apprenticeship.

At Carpenter Millwright College, the focus is on hands-on learning. With a student to instructor ratio of 15:1, students get a lot of one-on-one attention and hands-on training. About 30 per cent of students' time is spent in the classroom and 70 per cent is putting their skills to use in the workshop or work compound.

The school is a 25,000-square foot learning facility that includes a large production workshop with 40-foot ceilings to facilitate indoor construction projects.

Located in Lower Sackville, Carpenter Mill-



CONTRIBUTED

wright College is a registered private career college with the Department of Labour and Advanced Learning, meaning its Carpentry Development Program is eligible for student loans.

The program serves as a base for further study to work in light commercial construction, scaffolding, interior systems, residential renovation and repairs.

Call 902-252-3553 to register for the January intake and take the first step to building your construction career.

ONGOING DEMAND FOR CONTINUING CARE ASSISTANTS

With an aging population and the baby boomers reaching the age of retirement, the demand is great for qualified continuing care assistants in the province.

Within 10 short months in the continuing care assistants program at Success College, individuals can enter into a career in health care where these trained professionals are in high demand.

"If you are caring, compassionate and want to make a difference in someone's life each and everyday, this program is designed for you," says Kim Sowinski, RN CAEd, co-department head for the CCA program at Success College.

This program is designed for all ages, from someone who has just graduated high school looking for a career in health to someone looking for a career change.

The students will learn how to care for all ages across the health care continuum of the life cycle.

"They will learn what it means to provide person-centred care," says Sowinski.

"We care for the entire person in all aspects of their lives."

This will allow the students to seek employment in a variety of care settings

including home care, long term care (nursing homes) and hospitals.

On the job training provides students the opportunity to take all skills learned in the classroom and apply them in real life situations — with some students being offered jobs upon completion of their placements.

The CCA program provides instructors who have taught in the program for over 10 years.

They also bring in content experts to teach modules on body mechanics (physiotherapist) and nutrition (dietician).

Each student receives a laptop as part of their educational tools and smaller class sizes are an added bonus. The program consists of 13 modules, six certificate courses and 330 clinical placement hours and is offered on a Monday to Thursday schedule, allowing time for students to find that school/life balance.

The program is 43 weeks and Success College offers three intakes a year (spring, early summer and fall). For more information, visit successcollege.ca.



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The illusion that is John Tortorella

NHL

Columbus GM not sold on preconceived ideas of coach

John Tortorella is not who you think he is, at least according to his boss with the Blue Jackets.

Columbus general manager Jarmo Kekalainen says the public perception of his 58-year-old coach as a relic stuck in his ways is misguided.

"A lot of times the public conception of people is so different from what it actually is, and that's why I want to bring up that he's completely different from some of the public conceptions or what people think that he might be as a coach," Kekalainen said in a recent interview. "He does not think that he's got it all figured out."

Tortorella's Blue Jackets have been the surprise team of the NHL thus far, tied for fifth overall with 32 points.

It's quite the revival for a coach who looked to be on his

last gasps in the league after being fired by Vancouver in 2014, one year after a dismissal from the New York Rangers. He was the surprise choice to replace Todd Richards as the Jackets head coach early last season.

In that short time together, Kekalainen has discovered that Tortorella is much more adaptive than he's given credit for.

"He wants to learn. He wants to get better. And he's really tweaked his ideology of coaching, both on the mental side and the system side of hockey too," Kekalainen said. "He does not make the team play a game that's not up to date and modern."

Events in recent months hinted at the opposite.

Tortorella coached an archaically-built American team at the World Cup of Hockey (they lost all three games) and then spouted off about the limitations of puck possession statistics early last month. Columbus, notably, stormed through November (9-2-3) with one of the best puck possession marks in hockey (52.4 per cent).

THE CANADIAN PRESS

“He’s completely different from some of the public conceptions or what people think that he might be as a coach. He does not think that he’s got it all figured out.”

Columbus Blue Jackets' GM Jarmo Kekalainen



John Tortorella's motivational tactics had the historically bad Blue Jackets in third place in the Metropolitan Division with a 14-5-4 record going into Monday's game against Arizona.

JOEL AUERBACH/GETTY IMAGES

AUTOPSY REPORT

Former Senator Svatos died of overdose



Former Senators player Marek Svatos. GETTY IMAGES

Authorities say former Colorado Avalanche player Marek Svatos died of a drug overdose.

According to an autopsy report released Monday, the 34-year-old had several drugs in his system at the time of his death on Nov. 5, including anti-anxiety medication and painkillers.

It also said that drug paraphernalia was found near him at his home in the suburban Denver city of Lone Tree.

The Douglas County cor-

oner's office concluded he died of "combined drug intoxication" but officials couldn't determine whether it was accidental or not.

The report noted that Svatos reportedly had a history of using heroin, had had suicidal thoughts and had recently experienced "life stressors" and legal issues.

The native of Kosice, Slovakia played for the Avalanche from 2004 until 2010. He also played briefly for Nashville and Ottawa.

THE ASSOCIATED PRESS

NCAA

Watson a Heisman finalist once more

Clemson quarterback Deshaun Watson is a Heisman Trophy finalist for the second consecutive season, joining Louisville quarterback Lamar Jackson, Michigan linebacker Jabrill Peppers and Oklahoma teammates Baker Mayfield and Dede Westbrook.

The finalists were announced Monday on ESPN and the award will be presented Saturday in New York.

Watson finished third in last year's voting, won by Alabama running back Derrick Henry. Just like last year, he heads to New York not as the favourite but as the contender coming on strong at the end. THE ASSOCIATED PRESS



Deshaun Watson GETTY IMAGES

NFL

Rivera defends his treatment of Newton

Panthers coach Ron Rivera is not worried about losing the faith of his players in the locker-room after his decision to bench Cam Newton for the start of Sunday night's game against the Seattle Seahawks.

Rivera said Monday in hindsight he's "very comfortable" with his decision to keep the reigning league MVP on the sideline after he failed to wear a tie on the team flight Saturday, as required by team rules.

Derek Anderson replaced Newton in the starting lineup and threw an interception on Carolina's first play from scrimmage.



Cam Newton GETTY IMAGES

Newton entered the game on the second series, but things continued to spiral downhill and the injury-riddled and struggling Panthers (4-8) lost 40-7.

Rivera said there was no underlying message to Newton because he has enforced similar dress code violations in the past.

"It's not the first time and it probably won't be the last time," Rivera said. "Everybody gets treated the same." THE ASSOCIATED PRESS

SOCCER IN BRIEF

Blatter loses ban appeal

Sepp Blatter lost his appeal against a six-year ban by FIFA on Monday, and now has more serious legal cases lined up against him. Blatter said in a statement it was "difficult" to accept the Court of Arbitration for Sport's verdict.

The former FIFA president, who was banned for approving a \$2 million payment to Michel Platini in 2011, said he will accept the decision. He could have pursued a further appeal at Switzerland's supreme court.

THE ASSOCIATED PRESS

Tragedy-hit Chapecoense awarded Sudamericana title

The Brazilian club Chapecoense, which lost most of its players in an air crash last week, has been awarded the Copa Sudamericana championship by the governing body of South American soccer.

In a statement Monday, CONMEBOL said it awarded the title "as a posthumous homage to the victims of the fatal crash that leaves our sport in mourning."

Nineteen of Chapecoense's players were killed in the crash just outside Medellin, Colombia. THE ASSOCIATED PRESS

MAKE IT TONIGHT

Healthy Turkey Barley Chili



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

This healthy, fibre-rich chili has great depth of flavour and the barley adds a satisfying texture.

Ready in 30 minutes

Prep time: 5 minutes
Cook time: 25 minutes
Serves 4

Ingredients

- 1 Tbsp olive oil
- 1 large onion, finely chopped
- 1/2 stick of celery, chopped
- 2 garlic cloves, minced
- 1 carrot, chopped
- 3/4 lb ground turkey
- 2 cups low sodium chicken stock
- 1 15 oz can of white beans, rinsed and drained
- 1 cup barley
- 2 tsp ground cumin
- 2 tsp chili powder

- 1/2 tsp oregano
- 1/4 tsp salt
- 4 Tbsp of low-fat sour cream or plain yogurt

Directions

1. Heat oil in large Dutch oven. Add onion, celery and garlic. Cook 5 minutes or until onions are translucent.
2. Put turkey into pan, breaking apart with a wooden spoon. Cook 5 minutes or until no longer pink. Stir in chili powder, cumin, oregano and salt.
3. Add chicken stock, carrots and barley. Simmer for 10 minutes, stirring occasionally.
4. Add beans, mix well and cook on low heat a further 10 minutes.
5. Serve over your favourite bread with a dollop of fat-free sour cream or yogurt on top.

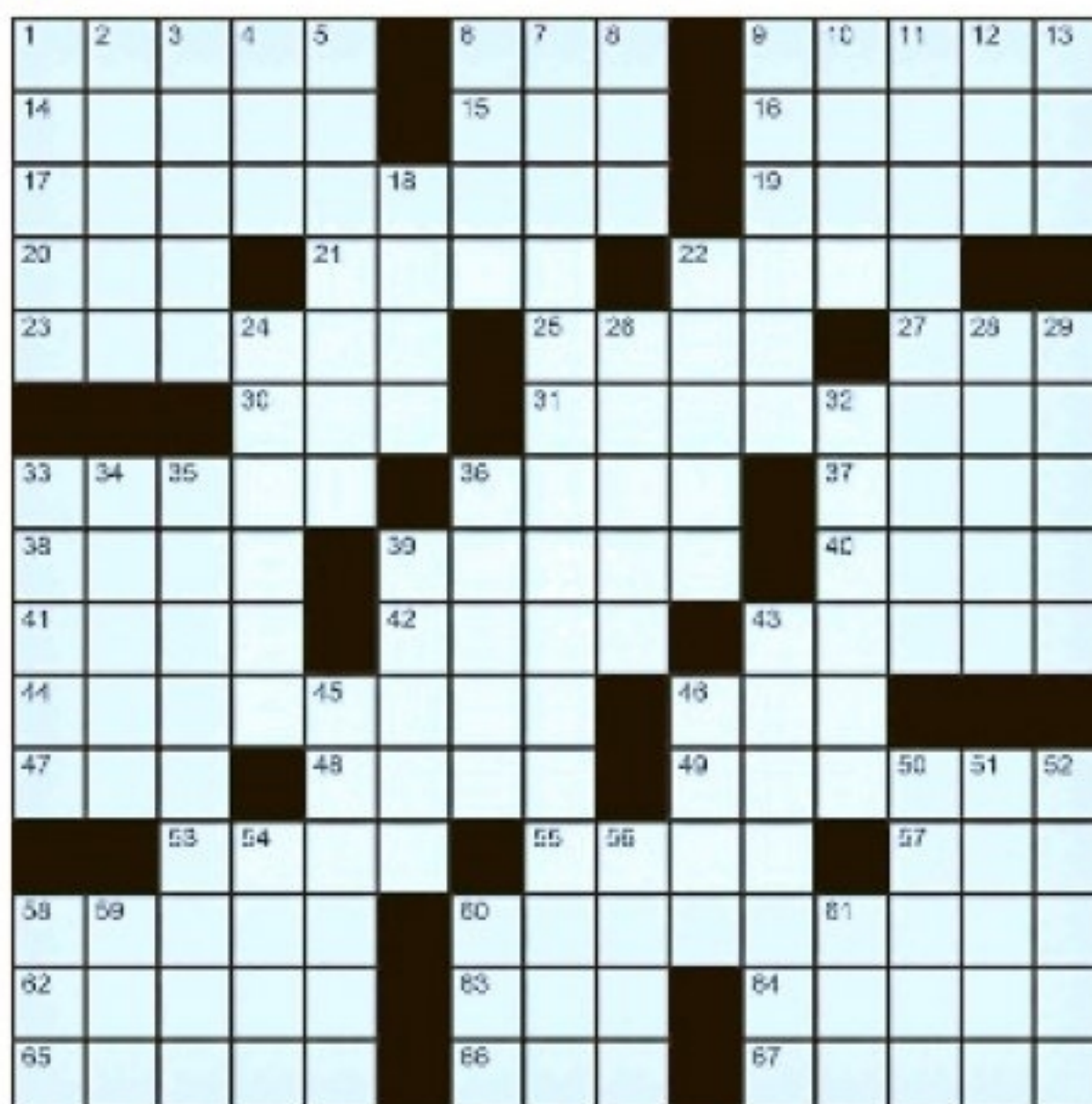
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Goldie Hawn/Kurt Russell flick, "Swing _" (1984)
6. And so on, shortened
9. Large in scale
14. " _ funny." (Rather amusing, fun-style)
15. Vital life energy
16. Can't stand
17. Nonpareil
19. Laura and Bruce of acting
20. Palindromic honorific
21. Oz dog on the silver screen
22. Water's whirl-ee
23. Security system device
25. Ancient harp
27. City of Brazil, with Paulo
30. Rimouski refusal
31. Gloomy
33. Kisses, in Spain
36. Sort of streambed
37. Care- _ (Care Bears home)
38. Having the skills: 2 wds.
39. Mature, as a mango
40. Trigonometry ratio
41. Marinate
42. Racetrack shape
43. Early _ (Morning person)
44. Off-the-cuff speaker
46. Perfect spelled-out rating
47. Novel
48. Itemize
49. Bypasses
53. Gulf of _ (It's between Somalia and Yemen)
55. She-horse



57. Assembled
58. Andrea _ (Ocean liner in 1956 headlines)
60. Unforgettable
62. Prefix with 'continental'
63. Journey's " _ Way You Want It"
64. Overly tough

- guy
65. Ashen-looking
66. Final amt.
67. Besmirch

DOWN

1. Arctic seabirds
2. Door part
3. Jude Law's charac-

- ter in "Cold Mountain" (2003)
4. Rx watchdog in The States
5. Body drawings
6. Real
7. Barenaked Ladies song: 3 wds.
8. Sophia Loren movie, "El _" (1961)

9. Football video game series: _ NFL
10. Bon Jovi lyric: "I want to lay you down in _ of roses..."
11. Cocoon-encased pre-butterfly
12. Mr. Howard of Hollywood
13. Surgery sites,

- shortly
18. _ on the cob
22. James Mason's role in "The Desert Fox" (1951), Field Marshal _ Rommel
24. "Jersey Shore" cast member
26. Swiss song, sometimes
28. "Two Hearts Beat _" by U2
29. River rollicker
32. Reno venue
33. Second largest city in South Korea after Seoul
34. Lyric poem variety
35. Loyalists
36. "The First _ Club" (1996)
39. Dr. Phil's wife
43. Rocker's amp effects
45. _-eyed
46. Produce Department selection
50. Diffuse
51. Ms. Burke of "Designing Women"
52. Turn while driving
54. Atkins _
56. _ acetate (Banana oil)
58. Dunk a bit
59. "Snakes _ Plane" (2006)
60. Front door rug
61. Sleeve

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Expect surprises when dealing with others today, especially in groups or classes. The surprise might be an event that affects everyone, or you might meet someone who is unusual or really different.

Taurus April 21 - May 21
Something will spur you into action today! Whatever it is will arouse your ambition. Be grateful that something makes you feel alive and ready for action!

Gemini May 22 - June 21
Unexpected opportunities to travel might fall into your lap today. Similarly, surprise opportunities to get further education or training might materialize. Yay!

Cancer June 22 - July 23
Keep your pockets open, because unexpected gifts and goodies might come your way today. You also could hear good news from a partner regarding money and wealth.

Leo July 24 - Aug. 23
Stay light on your feet, because a friend or a partner might throw you a curveball today. Quite likely, this person is excited about something that he or she didn't expect to happen. Enthusiasm is contagious!

Virgo Aug. 24 - Sept. 23
You have lots of energy at work today. This is a good thing, because you will have to deal with a work routine that is interrupted by surprising events. Stay on your toes!

Libra Sept. 24 - Oct. 23
Parents, take note: This will be a klutzy day for your children, so pay attention. Be extra vigilant and mindful. Do what you can to protect them from hazardous situations.

Scorpio Oct. 24 - Nov. 22
Something unexpected will happen at home today. Small appliances might break down, or minor breakages could occur. Perhaps a family member has surprising news. It could be anything.

Sagittarius Nov. 23 - Dec. 21
Be careful, because this is an accident-prone day. Therefore, be aware of everything you say and do. Keep your eyes open!

Capricorn Dec. 22 - Jan. 20
Guard your possessions and your cash flow against loss, theft or something untoward, because unexpected events might affect what you own. Check your bank account.

Aquarius Jan. 21 - Feb. 19
You feel energetic and impulsive today! This is why you will react to what others say. Guard against rash, knee-jerk behaviour.

Pisces Feb. 20 - March 20
This is a restless day for you. Perhaps something going on behind the scenes has affected you, or perhaps you just feel edgy and nervous. Don't worry. This will be gone by tomorrow.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	7	5	3	9		4		
4			2			3		5
	3							7
6			1	7		3	8	
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4	7	9	2	8	5	3	1	6
3	6	5	9	7	1	2	4	8
5	4	7	1	9	3	6	8	2
9	3	6	7	2	8	1	5	4
2	1	8	5	4	6	7	3	9
8	2	3	4	1	9	5	6	7
6	9	4	3	5	7	8	2	1
7	5	1	8	6	2	4	9	3



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2017

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Sorento SX Turbo AWD shown*

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FORTE LX MT

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After this period, interest starts to accrue and the purchaser will repay the principal and interest monthly over the term of the contract which will be extended by 90 days. Offer ends January 3, 2017. **Representative Financing Example:** Financing offer on a new 2016 Sportage LX (S2754G) with a selling price of \$20,695, including \$500 Holiday Bonus* equals \$52/week for 36 months, for a total of \$1,872 payments, at 0% with \$0 down payment. Cost of borrowing is \$0 and total obligation is \$20,695. *No purchase necessary. Holiday Bonus between \$500 and \$2,000 (including guaranteed \$500 discount) awarded in dealership. Approximate odds of winning an incremental bonus prize of \$250 - \$1,500 at a participating Atlantic dealership are as follows: \$750 total Holiday Bonus (including guaranteed \$500 discount): approx. odds of winning: 1:4; \$1,000 total Holiday Bonus (including guaranteed \$500 discount): approx. odds of winning: 1:5; \$1,250 total Holiday Bonus (including guaranteed \$500 discount): approx. odds of winning: 1:10; \$1,500 total Holiday Bonus (including guaranteed \$500 discount): approx. odds of winning: 1:10; \$2,000 total Holiday Bonus (including guaranteed \$500 discount): approx. odds of winning: 1:30. Contest open to Canadian residents over the age of majority. Skill-testing question required. Discount prizes must be redeemed by January 3, 2017. See dealer or Kia.ca for special offers for complete contest details. **Representative Lease Example:** Lease offer available on approved credit (GM), on the 2017 Sorento 2.4L LX FWD (S2754H)/2017 Sorento 2.4L LX AWD (S2754H)/2017 Sportage LX FWD (S2754H)/2017 Sportage LX AWD (S2754H) with a selling price of \$21,695/\$23,695/\$25,495/\$27,195 is based on a total number of 756 weekly payments of \$39/\$46/\$55/\$41/\$55 for 36 months at 0%/1.9%/0%/2.9% with \$0 security deposit, \$2,200/\$2,700/\$3,000/\$2,500 down payment and first payment due at lease inception. Other includes \$500 Holiday Bonus* and \$500/\$500/\$500/\$500 lease credit. Total lease obligation is \$9,891/\$10,646/\$15,484/\$13,401/\$18,635 with the option to purchase at the end of the term for \$14,401/\$15,844/\$17,995/\$14,439/\$16,377. Lease has 16,000 km/yr allowance (other packages available and \$0.10/km for excess kilometres). **Kia Protect - Job Loss Protection:** Job Loss Protection is job loss insurance coverage (the "Program") and is available to qualified retail customers of participating Kia retailers in the Atlantic provinces who finance or lease a new Kia vehicle at a subsidized rate of interest through an authorized participating Kia retailer. Kia Canada Inc. ("Kia") will pay for the cost of Job Loss Insurance ("JLI") that may cover up to six months of the first year's lease or finance payments (to a maximum of \$300/month and a total maximum of \$3,000). If involuntary job loss (as defined in customer's JLI product guide and certificate of insurance) occurs within 60 days of the effective date of insurance (as indicated in customer's JLI product guide and certificate of insurance), no loss of employment insurance benefits will be claimable. If involuntary job loss occurs after 60 days of the effective date of insurance, customer must file a claim and is subject to a 60-day waiting period. If approved, payments will begin following the waiting period and are not retroactive. The term of this insurance is for 12 months from the effective date of insurance, and no benefits will be paid past the 12th month of the term. The Program only applies to customers who: a) are not covered by Kia Protect Loan Protection; b) have been continuously employed at their principal occupation for a minimum of 20 hours per week for the last 12 consecutive months; c) have not received formal or informal notice of impending job loss on the date of their lease or finance contract; and d) are not self-employed, seasonally employed or an elected government official. Documentation may be required. See your Kia retailer for complete details and conditions. **Kia Protect - Job Loss Protection** is underwritten by Co-operators Life Insurance Company, a member of The Co-operators group of companies and administered by UGM Financial Services. Model shown Manufacturer Suggested Retail Price for 2017 Forte SX AT (S2747H)/2017 Sportage SX Turbo AWD (S2754H)/2017 Sorento SX Turbo AWD (S2754H) is \$27,295/\$31,595/\$42,495. The 2016 Sportage received the lowest number of problems per 100 vehicles among Small SUVs in the J.D. Power 2016 U.S. Initial Quality Study. 2016 study based on 80,257 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com. The Bluetooth® wordmark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. *Offer available to qualified retail customers at participating Kia dealers on purchase or lease on all new 2016/2017 Kia models. Customer must choose one (1) of the following offers: (i) No Charge Winter Tires; OR (ii) Holiday Bonus between \$500 and \$2,000 (including guaranteed \$500 discount). The following conditions apply to the No Charge Winter Tires option: Wheels are excluded, installation, storage fees and tire tax are extra and vary by dealer and region. The brand of winter tires and tire size are at the dealer's discretion. Value of winter tires varies by model and trim. Offer has no cash surrender value and cannot be applied to past transactions. Visit your Kia dealer for complete details. Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). †When properly equipped. 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